

Who are the Diabetes Action Group?



The Diabetes Action Group (DAG) is a group of volunteers who have a passion to help increase community awareness of diabetes. Some are like you and have diabetes; some are simply interested in helping friends or families who have diabetes.

What do we do?

We assist and promote diabetes awareness in the Western Suburbs by:

- helping patients in the hospital and Diabetes Centre
- assisting with seminars and community awareness projects
- fundraising
- general administration duties.

Members are fondly known as the "DAG's" and enjoy opportunities to chat about their diabetes, create friendships and assist the Diabetes Centre.

What can you do?

Do YOU have an interest in assisting other people with diabetes?

Do YOU have a couple of hours a month to spare?

If you are able to provide any time or simply want to help other people with diabetes in a social environment, we want you!!!

How do I join?

To become a member all you need to do is complete the form enclosed. We will send you details of our meetings and activities that are planned along with our newsletter.

How often do we meet?

1. Monthly Committee Meetings

All members are welcome to attend these meetings which are held on the first Friday of the month, 1.00pm - 2.00pm at the Diabetes Centre. At these meetings volunteers plan and discuss new and ongoing fundraising projects and community awareness activities.

2. Diabetes Support Hour Friday 2.00pm - 4.00pm

The Diabetes Centre provides an

opportunity to drop in and chat to a Diabetes Educator about blood glucose meters or any other general problems with diabetes.



Diabetes Action Group Members come to these sessions and meet visitors, pass on any information, share tips and chat over a cuppa.

We look forward to meeting you.

